

CHANNELLING MESSAGES

by Candie Sanderson

Forgiveness carries with it the energy of love. It is not love for the perceived “wrongdoer” but, instead love towards the one who needs to forgive. If one does not forgive, there is a blockage of energy at the very source of wellness—the heart. If the human body’s physical heart is blocked, there is a lack of appropriate blood flow throughout; organs will suffer. The result is dis-ease because the organs will atrophy or decay due to the lack of blood flow. The energy of the heart works in exactly the same manner. When there is a blockage of the heart, as in the example of someone who needs to forgive, there is an atrophy of the entire energy body, resulting in a dis-ease not only in the physical body, but in the primary source of wellness—the energy of the heart.

Many humans are given opportunities for growth on the Earth plane. Many lessons are learned in what humans refer to as “the hard way.” If life were easy, fewer lessons would be learned. One of the most valuable lessons to learn is that of forgiveness. As this one heard many years ago, that not forgiving is similar to taking poison in hopes that the transgressor would die. We say that this statement is factual. Forgiveness evokes the energy of self-love.

From an individual Point of Existence (POE) one human may harbor unkind feelings towards another human because of a perceived transgression when, in fact, the root of the incident may not truly carry the energy of transgression. The “transgressor’s” POE is different—that is all. By changing your POE and shifting awareness to a larger perspective, the human can literally “rise above” the incident. When shifting awareness (POE) to a larger perspective, the subsequent energies shift in alignment with Truth. The individual, isolated POE, of the “offended” no longer exists.

When this shift (rising above) from individual/isolated POE to a broader perspective occurs, the energy associated with it is a lighter, higher vibration. Humans have referred to this process as becoming “enlightened.”

Enlightenment, indeed, is a state of existence in which previously petty, bothersome incidents become insignificant. An example of this occurs when a perceived tragedy happens to a close friend or family member. Their daily lives are disrupted by the incident and often they use this disruption to reflect upon patterns in their daily lives. A different perspective—a different POE—frequently results. They often realize how petty their concerns are (from their isolated POEs). From an energetic perspective, this is easy to understand.

When the tragedy befalls, the current POE or energy field is changed. They are flooded with energies of caring and compassion. These energies are of a higher vibration, thus, expanding their POE and, for a short time, the end result is a degree of enlightenment. Daily occurrences which were bothersome are now seen in a “different light” and are no longer troublesome for they have literally risen above their isolated POE.

We say that if humans would continue to connect with this higher source and constantly expand their Point of Existence, their hearts would remain open. It is the opening of the heart that is responsible for “ease” in their life. Just as the closing of the heart is responsible for disease.

Candie Sanderson